

## Professional Vita

Leo C. Kormanik II, DC, MS, CCSP  
Chiropractic Sports Physician & Lecturer & USA Track and Field Team Provider  
& Entrepreneur

Active Release Techniques (ART) Certified  
Fascial Abrasion Tool (FAT-Tool) Certified  
Graston Technique Certified  
Integrative Dry Needling Certified

Completion of USOC Volunteer Medical Program as Chiropractic Physician  
Chiropractic Physician for USATF National Team Staff at the 2018 U20 World Championships  
in Tampere, Finland

Ohio Sports Chiropractic and Rehab 34 E. Aurora Rd. Northfield, OH 44067  
330-908-0203 leokormanik@gmail.com

### **Professional Education:**

#### 2018:

California State Chiropractic License Issued. License #34231

#### 2018-Current

Institute for Functional Medicine Certification

#### 2016

USOC Intern as Chiropractic Physician  
USOC Sports Medicine Volunteer Rotation Program  
Colorado Springs, CO: USOC Head quarters  
July 31-August 14, 2016

#### 2008-2012:

American Chiropractic Board of Sports Physicians seminars  
Board Certified Chiropractic Sports Physician (CCSP)  
November 2012 issued

#### 2011:

Ohio State Chiropractic Licensed Issued. License #4178

#### 2008-2011:

Life University, Marietta, GA  
Graduation: June 2011  
Degree: Masters in Sports Chiropractic/Injury management (M.S.)  
Graduated Summa cum laude

2007-2011:

Life University, Marietta, GA  
Graduation: March 2011  
Degree: Doctor of Chiropractic (D.C.)  
Graduated Summa cum laude

2001-2006:

Malone University, Canton, OH  
Degree: Exercise Physiology (B.S.)  
Graduated Summa cum laude

**Recent Professional Experience:**

November 2018:

Chiropractic Physician for the Big K Ohio Cup Powerlifting Meet  
Macedonia, OH

October 2018:

ACA Sports Council Membership Committee Member  
Minneapolis, MN

September 2018:

Akron Marathon elite athlete physician  
Akron, OH

Lecturer at 2018 Fall CE at Life University  
Marietta, GA

Chiropractic Physician at EpixQ Fitness CrossFit event  
Cleveland, OH

August 2018:

2018 USATF Masters Track and Field Championships Medical team leader  
Spokane, WA

Lecturer at 2018 Ohio State Foot and Ankle Medical meeting  
Columbus, OH

Sports Physician for the 2018 Guardian Mile elite athlete coordinator  
Cleveland, OH

Running 2B Well 5k treating physician  
Medina, OH

July 2018:

Chiropractor for USA Track and Field U20 Team for the 2018 IAAF World Junior Championships  
Tampere, Finland

Chiropractic Team Lead for the USATF Masters National Outdoor Championships  
Spokane, WA

June 2018:

Chiropractic Team Lead for the USATF National Outdoor Championships  
Des Moines, IA

2015-Current:

Chiropractor for the Arnold Fitness Symposium, CrossFit Competition team  
Columbus, OH

September 2017

Akron Marathon Medical Director for Elites  
Akron, OH

August 2017

Nitro Circus-Chiropractor  
Midwest Region Tour

June 2017

USATF Outdoor Champs-Chiropractic team lead  
Sacramento, CA

March 2017

USATF Indoor Championships-Chiropractor  
Albuquerque, NM

September 2016

USA Gymnastics Tour of Champions-Chiropractor  
Midwest Region Tour

August 2016

Doctor of Chiropractic Intern  
USA Olympic Training Center  
Colorado Springs, CO

July 2016

USATF Olympic Trials-Chiropractor  
Eugene, OR

March 2016

IAAF World Championships-Chiropractor  
Portland, OR

2012-Present:

Doctor of Chiropractic  
Owner, operator, and head chiropractic physician  
Ohio Sports Chiropractic and Rehab in Northfield, OH

November 2012:

Board Certified Chiropractic Sports Physician (CCSP)

2011-2012:

Doctor of Chiropractic  
Associate chiropractic physician  
Minorik Chiropractic Center in Akron, OH

May 19th, 2011:

Licensed as a Chiropractic Physician in the state of Ohio

2010-2011:

Chiropractic Student Intern with Life University Sporting teams and USA Rugby training squads  
Life University Sports Science Institute (LUSSI)  
Supervising doctor: David Ward, D.C; Keith Rau, D.C.

Chiropractic Student Intern  
Life University Athletic Training Room  
Supervising doctor: Keith Rau, D.C.

Chiropractic Student Extern  
Kennesaw State University Athletic Training room for MS Practicum hours  
Supervising doctor: Keith Rau, D.C.

2010:

Chiropractic Student Intern

Life University Center for Health and Optimal Performance  
Supervising doctor: Danielle Pichette, D.C.

2009:

Chiropractic Student Intern  
Life University Campus Center for Health/Optimal Performance  
Supervising doctor: Jeffrey Ferdarko, D.C.

2006:

Exercise Physiology Lab Extern  
Assisted in MVO<sub>2</sub> testing of Team USA California with Coach Joe Vigil  
United States Olympic Training Center (USOC)  
Chula Vista, CA

2005-2006:

Exercise Physiology Lab Extern and distance running program specialist  
Real Lab of Sports Fitness  
Matt Woods, MS  
Wooster, OH

**Current Employment:**

Owner, operator, and head sports chiropractic physician at Ohio Sports Chiropractic and Rehab  
in Northfield, OH  
May 2012-present

**Previous Employment:**

POSITION	EMPLOYER	DATES
Elite/Professional Runner for Brooks		2012-2014
Chiropractic Physician	Minorik Chiropractic Center	2011-2012
Elite/Professional Runner for Adidas		2010-2012
Running shoe sales	West Stride in Atlanta, GA	2008-2011
Supplemental Instructor	Life University in Marietta, GA	2008-2010
Courses: Visceral Physiology and Spinal Anatomy		
Elite/Professional Runner for Mizuno		2006-2007
Running shoe store:	Second Sole Athletic Footwear	2005-2007
Assistant manager	Akron, OH	

## **Relevant Volunteer Experience:**

### 2017-2018:

USA Track and Field Chiropractor for the IAAF World U20 Junior Championships  
Tampere, Finland  
USATF Track and Field Chiropractic Team Lead for Masters Nationals Championships  
USA Track and Field Chiropractor for USATF Indoor Championships Albuquerque, NM  
USA Track and Field Chiropractor Team Lead for USATF Outdoor Championships Sacramento,  
CA and Des Moines, IA  
Nitro Circus Chiropractor Midwest Region Tour  
Akron Marathon Medical Director for Elite Invited Runners  
Big K Ohio Cup Power lifting meet  
EpixQ CrossFit competitions

### 2015-2018:

Arnold Classic Fitness Symposium Chiropractor for the CrossFit competitions  
Columbus, OH

### 2016:

USA Gymnastics Team Chiropractor for Tour of Gymnastics Champions Fall 2016  
Lecture at Life University for Functional Analysis of Runners  
Head Massage Therapy Coordinator for the Akron Marathon  
USOC Intern as Chiropractic Physician in Colorado Springs USOC Head quarters  
USATF Track and Field Olympic Trials in Eugene, OR Volunteer chiropractic physician  
USATF Pole Vault Convention at the University of Akron Treatment Team and Presenter  
USATF Olympic Trials for the Marathon in Los Angeles, CA volunteer chiropractic physician  
Arnold Classic in Columbus, OH Treatment Team for Crossfit and Olympic Lifting Section  
IAAF World Track and Field Championships in Portland, OR volunteer chiropractic physician

### 2015:

Arnold Classic in Columbus, OH Treatment Team for Crossfit and Olympic Lifting Section  
KT Taping with KT Tape at Akron Marathon expo  
Lecture at Life University for Functional Analysis of Runners

### 2014:

Treatment team with Athletes Enhancement at the Arnold Classic in Columbus, OH. Worked in  
the CrossFit and Olympic lifting sections.  
Active Release Technique provider for Pro Football Hall of Fame marathon event in Canton,  
OH.

### 2013:

Active Release Technique provider for Ironman Triathlon in Panama City, FL

2012:

Active Release Technique provider for Rev 3 triathlon in Cedar Point, OH

2010:

Medical Staff for Cyclo-cross Southeast Championship

2009-2010:

US 10K Labor Day Race

Chiropractic Student Intern

Marietta, GA

2010:

USA Masters National Swim Championships in Atlanta, GA

Chiropractic Student Intern

2009:

Atlanta Half Marathon Expo with KT Tape

Chiropractic Student Intern

Atlanta Half Marathon Medical Tent

Chiropractic Student Intern

**Continuing Education Outline and Certifications:**

2018: ART Level II Spine certified

2018: DNS B and C Course Certified

2018: NeuroDynamics Certified

2018: Institute for Functional Medicine Applied Practice Course Certified

2017: DNS A Course Certified

2017: Integrative Dry Needling Certified

2016: Diplomate American Chiropractic Board Sports Physicians (DACBSP): PENDING

2016: American Sports Chiropractic Sports Council Annual Symposium

2016: DNS Sports Certified Level III

2016: DNS Sports Certified Level II

2015: Global Spinal Assessment

Lead Instructor: John Downes, DC

2015: Selective Functional Movement Assessment Certified within ART diagnostic course

Oceanside, CA at the Titleist Performance Institute

Lead Instructor: Greg Rose, DC

2015: Dynamic Neuromuscular Stabilization (DNS) Sports Level I certified

2014: Graston Technique 2nd Module for Elite provider

Atlanta, GA

2014: Fascial Abrasion Technique (FAT Tool series) with Functional Integrated Therapy (FIT) Institute

Lead Instructor: Mark Scappaticci, DC

Atlanta, GA

2014: Ohio Foot and Ankle Medical Association Sports seminar series

Columbus, OH

2014: Parker Seminars Series

Rock Tape Certified

Las Vegas, NV

2013: Active Release Technique: Biomechanics Module

Panama City, FL

2013: RockTape Functional Movement Certified

2012: Active Release Technique: Long Nerve Entrapment Module

Cincinnati, OH

Graston Technique Level 1 certification

Columbus, OH

2012: Certified Chiropractic Sports Physician (CCSP)

2012: Graston Soft Tissue Treatment Module I Certified

2011: Active Release Technique: Upper Extremity Module

Chicago, IL

Chiropractic Management Seminar: Dr. Dean Depice and TLC

Akron, OH

Active Release Technique: Lower Extremity Module

Nashville, TN

Super Distance Summit with Joe Vigil and Ronaldo Canova, PhD

Charlotte, NC

2010: Active Release Technique: Spine Module

Minneapolis, MN

Certified Chiropractic Extremity Practitioner (CCEP)

Lower extremity module

2010: CCEP Certified in Upper extremity, lower extremity, and Global Assessment

2010: Kinesio-Tape Certified

2009: American Chiropractic Association Sports Council Annual Symposium

St. Louis, MO

KT Tape Certified at Atlanta Half Marathon expo



2008-Current: Active Release Technique (ART) certified: Upper and low extremity, Complex protocols, spine, long nerve entrapment, biomechanics, diagnostic, Ironman certified

2006: USATF Level I Certified Coach

**Courses Taught and Presentations:**

September 2017:

Life University CE

Functional Analysis and Management of Runners

June 2017:

Marathoning 101

Summa Hospital Health Systems

March 2017:

Rock Mill Climbing Gym Akron, OH

How to avoid injuries and manage team health for rock climbing competitions

October 2016:

Life University Fall CE

Topics: Function Analysis of Distance Runners; Extremity Adjusting Labs

January 2016:

University of Akron International Pole Vault Convention

Topics: Conservative Management of Common Track and Field Injuries

Baldwin Wallace University Athletic Department

Topics: The Use of Functional Analysis in Predicting Overuse and Traumatic Injuries

October 2015:

Life University Fall CE

Topics: Function Analysis of Distance Runners; Extremity Adjusting Labs

February 2015:

Practice management lecture at the Summit County Executives Club in Silver Lake, OH.

2014-present:

Northeast Ohio running form clinics with Olympian Nate Brannen in Hudson, OH.

March 2014:

Ohio Foot and Ankle Medical Association Sports Seminar in Columbus, OH. Topics included, Low Back Pain, Active Release Technique, and Functional Movement Tests.

2013:

All About Form series: Breaking down the basics of proper running form  
Ohio Sports Chiropractic in Northfield, OH

Webinar for Alter G Treadmill: ROI with a Cash practice

2011-present:

Core Kinetic Chain Training for Runners  
KT Taping principles and basics for runners  
Foam Rolling for Runners  
Second Sole Athletic Footwear Akron and Lyndhurst, OH  
Vertical Runner in Hudson and Brecksville, OH  
Fleet Feet Running Shoe Stores in Westlake, Northfield, and Pepper Pike, OH

2008-2009:

Supplemental Instruction for Visceral Physiology  
Life University Student Services  
Supervising Instructors: Vinnavadi Ravikumar, Ph.D

2008:

Supplemental Instruction for Spinal Anatomy  
Life University Student Services  
Supervising Instructors: John Romfh, Ph.D

2004-2006:

Functional Training of the Kinetic Chain  
Malone University Cross Country Camp/Coaches Clinic  
Lead Instructor: Jack Hazen

Plyometric Training for Distance Runners  
Malone University Cross Country Camp/Coaches Clinic  
Lead Instructor: Jack Hazen

**Special Training/Elective Courses:**

Courses taken at Life University in Marietta, GA:

Cox Flexion and Distraction: Level I certified  
Clinical Biomechanics of Posture  
Sacro Occipital Technique  
Arthrokinematics and Proprioception of Upper/Lower Extremity  
Chiropractic Sport Case Management

Gonstead Technique  
Biomechanics of Sport Injury  
Therapeutic Exercise  
Upper and Lower Extremity Adjusting  
Functional Restoration and Active Care  
Physiotherapeutics I and II  
Thompson Technique  
Grostick Technique  
Full Spine/Diversified I, II, III  
Toggle Upper Cervical Technique

**Professional Membership:**

2012-current:

American Chiropractic Board of Sports Physicians  
Active Release Techniques Ironman Certified provider  
Ohio State Chiropractic Association (OSCA)  
Tri County Chiropractic Association (TCCA)  
Certified Graston Provider Membership  
USATF competitive and coach membership

2009-2012:

American Chiropractic Association Sports Council (ACASC)  
ACASC Life University Student Liaison for 2009

2008-current:

American Chiropractic Association (ACA)  
International Chiropractic Association (ICA)

2008-2011:

Atlanta Track Club Competitive Team

2008-2011:

Chattahoochee Road Runners Club

2004-current:

USA Track and Field (USATF)

## **Licenses and Certifications:**

Certified Chiropractic Sports Physician (CCSP) status  
Selective Functional Movement Assessment (SFMA) certified  
DNS Sports Course 1-3 Certified  
DNS A-C Course Certified  
Full Body Active Release Technique certified  
Active Release Technique certified Ironman Provider  
Elite Level provider with Graston Technique  
Fascial Abrasion Tool certified  
Rock Tape certified  
KT tape certified  
Ohio Chiropractic Physician Licensure in May 2011  
Doctor of Chiropractic  
Masters of Science: Sports Chiropractic/Injury Management  
Cox Flexion and Distraction Level I  
USATF Level I Coaching